

Report SIG in-between meeting

SIG group	Psychology and Neuropsychology
Date of in-between meeting	05th of December 2020
Venue (incl. city, country)	online
Topic	Mindfulness, Covid-19 and future plans

Report (max. 1750 characters):

Topics of the meeting

1. Welcome and general information
2. Exchange and talk about COVID-19 and its relation to our clinical work
3. Case studies
4. Update and first results of the Comp-ACT Project (Ambra)
5. Organisational aspects/next inbetween meeting
6. Conclusion and perspectives

1: A mindful exercise – operated by Ambra



Ambra picked us up and transferred us to a wonderful journey into self-reflection and personal selfcare

2: Exchange and talk about COVID-19 and its relation to our clinical work

What are your personal / professional experiences at the moment with the Covid-19 pandemic?

- Most of us experienced a big impact and burden of COVID-19 aspects in our clinical work.
- We discussed the influences and possible ways to coping with the burden

3: Case studies

a. Julia presented a case (positive thinking and dysfunctional reflection and behavior of the objective current situation in clinical sense)

4: Update and first results of the Comp-ACT Project (Ambra) – postponed because more time for discussion regarding the current situation with clinical and personal challenges was needed

5: Organisational aspects/next inbetween meeting

a. Election of a new SIG chair at the next inbetween meeting i. I was elected for an executive board member of RIMS and would like to overhand this position – WHO WANT TO BECOME THE NEXT SIG CHAIR?

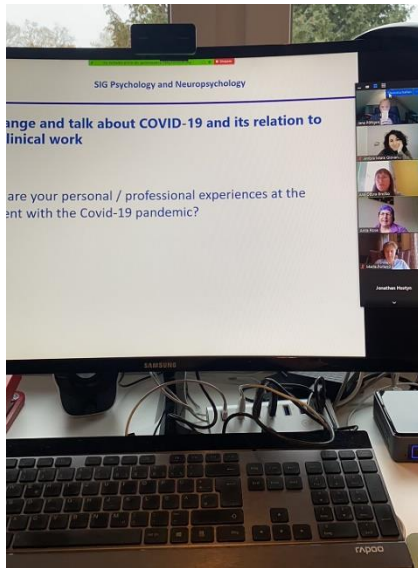
- Anita would like to be the Co-chair (as in the past)
- Please let me know if you are interested

b. Next inbetween meeting

- We decided to have another online meeting in spring 2021
- I will organize this meeting and will start a doodle to find a date

6. Conclusion and perspectives

Pictures:



Group picture (incl. first and last names):

Participant list:

First Name	Last Name	Country
Marte	Forland	Norway
Ana	Ožura Brečko	Slovenia
Julia	Segal	United Kingdom
Gaetano	Perrotta	Belgium
Jolien	Steyaert	Belgium
Jana	Poettgen	Germany
Ana Maria	Canzonieri	Spain
Mieke	D'hooghe	Belgium
Michelle	Pirard	Belgium
Blanca	De Dios Perez	United Kingdom
Sara	Navarro Gómez	Spain
Mònica	Nieves Collado	Spain
Lourdes	Assens Tauste	Spain
Anita	Rose	United Kingdom
Sarah	Thomas	United Kingdom
Karen	Turpin	Canada
Kris	Van Der Wegen	Netherlands
Melloney	Schenk	Netherlands
Jan	Holmberg	Finland
Ambra Mara	Giovannetti	Italy
Tinne	De Strooper	Belgium
Menno	Schoonheim	Netherlands

Future plans: Election of a new SIG chair

Next in-between meeting: Online inbetween meeting is planned for spring 2021