

In-between meeting for SIG Occupation

London, September 16, 2016

Agenda:

- 1) Wellcome
- 2) Guidelines for OT's working with MS population
- 3) SIG's meetings in 2017
- 4) Any other business (RIMS website, APPECO, PULSE, LBI project)

AD1)

There were 15 participants from 6 countries, namely:

Marijke Duportail (BE), Stephan Ilsbroukx (BE), Daphne Kos (BE), Sofie Noë (BE), Lore Kerkhofs (BE), Sofie Schouteden (BE), Inger Loyning (NO), Lene Kallmayer (DK), Heidi Marie Visby Jacobsen (DK), Sarah Thomas (UK), Isaline Eijssen (NL), Sofie Ferdinand (BE), Jelka Jansa (SI).

AD2)

The discussion about OT Guidelines for PwMS has not yet get an agreement and it was concluded that part of the next SIG Occupation meeting will be devoted to this topic to make a final decision. Marijke Duportail shared previous effort of our SIG and the work already done may be used in the future work.

Up to now, few OT Guidelines are already available and few to be available from national OT associations soon. In addition, some MS Centres across Europe also have an "OT homemade" practical guide to be used with PwMS. A Recommendation for OT clinical practice with PwMS may be another option. Also, recommendations for specific topics, like fatigue, housing, may be available from the RIMS website.

AD3)

Next in-between meeting will take place a day before the Annual RIMS conference 2017 in Barcelona, on May 4, during 16.00 – 19.00.

Program will focus on "Guidelines" and presentations, covering the congress topic "Shaping the future of MS rehabilitation in OT".

In addition, there was a proposal to distribute a version of a Survey about the content of OT with PwMS around Europe and present results at the SIG Occupation meeting in Barcelona. The survey, prepared by Daphne Kos and Marijke Duportail has been validated already within our SIG. Sofie and Jelka are to work on this topic.

Second SIG's meeting will take place in the autumn. The venue is not yet known and occupational therapists are welcome to provide suggestions to be considered.

In future, SIG Occupation is open to collaborate with other SIG's to organize a joint in-between meeting when the topic of the programme is of relevance to our group.

AD4)

Our members are involved in the following studies:

- 1) APPECO (Applying Evidence with Confidence). This is an internet-based Living Documentation System providing an up-to-date comprehensive therapy database and was launched at ECTRIMS congress.

2) Sofie Ferdinand has been received RIMS grant 2016 for LBI project (Life Balance Inventory).

3)PULSE: ready for try-out (test period 2-3 months, every participant who wants to try out can give contacts to Daphne Kos (daphne.kos@kuleuven.be))

Information about the goals of SIG Occupation on the RIMS website needs updating. Sofie and Jelka will prepare them and share information with the group before going on-line. Therapists are invited to visit the RIMS website and use the available resources at: www.rimseu.com.

Jelka Jansa, Chair SIG Occupation

Sofie Ferdinand, Co- Chair SIG Occupation