

SIG Bladder Bowel and Sexual Dysfunction

In-between meeting SIG Bladder Bowel and Sexual Dysfunction – Wednesday 10th October, 2012 – Lyon, France

Agenda:

Review literature for bowel guidelines:

1. Review of literature on Pub med (Laura Lopes)

Laura Lopes gives an overview of recent research (from 2010 until 2012) on Pubmed using the following key-words:

- Multiple sclerosis and
 - Bowel disorders / dysfunction
 - Bowel management
 - Intestinal
 - Fecal disorders/ dysfunction
 - Fecal management
 - Constipation
 - Fecal incontinence
- Neurogenic bowel disorders/dysfunction and
 - Management
 - Excluded articles in pediatric diseases or in one specific pathology
 - Excluded article without MS patients
 - Excluded article with MS patients plus Coeliac disease

Results: in total 29 articles matched the keywords:

- 13 on Multiple sclerosis (4 reviews and 9 studies)
- 16 on Neurogenic bowel (7 reviews and 9 studies)

Until March 2013 all article must be reviewed and inserted on Excell chart named "Review Chart"

Discussing the selected articles and listing them up to review them, following division was made between participant.

2. Tools for multicenter study with Peristeen® (Roberta Motta):

- Presentation of bowel diary plus Bristol Stool Form Scale.
- Scales: Neurogenic Bowel Dysfunction (NBD) score; St. Mark's incontinence score; Wexner score for constipation.

3. Tools to prepare:

- Bowel symptoms check list according to ROME III criteria (Roberta Motta)
- Model of informed consent (from each centre)

- Definition of conservative bowel management according to American Guidelines
- Short structured questionnaire for call interview (Karen Oksnervad- Anne Britt Skas)

4. Other:

Centre will participate on Peristeen® study are: NL – BE – IT – FR – DK – SF – CH.

Piet Eelen will speak with German people to involve in Persiteen® study

Planning next SIG meetings:

- MILAN (Italy). Proposed date: April 12-13, 2013.

Agenda Future SIG

- Peristeen® study
- Management of urinary retention
 - When starting intermittent catheterization (all discussion)
 - Strategies to increase compliance/adherence

Roberta Motta
on behalf of Dr. Laura Lopes – SIG Chair -
Italian MS Society
Rehabilitation Centre