

Report in between meeting SIG Swallowing and Communication

Date: 26th – 27th of November

Participants day 1: Francesca Di Biagi, Irene Battel, Leonie Ruhaak, Myrthe Hogebrink, Dorien Mennes, Anouk Nissen, Sara Reusens, Margaux De Groote

Participants day 2: Francesca Di Biagi, Irene Battel, Leonie Ruhaak, Myrthe Bruggeman, Margaux De Groote

TOPICS:

➤ Group therapy for PwMS – Margaux De Groote

During the presentation an interesting discussion evolved where the participants shared experiences and knowledge about group therapy. We noticed cultural differences and discussed different programs for group therapy. The project of our SIG is temporarily on hold because we have other priorities (see SIG future goals).

➤ Dysphagia and MS – Irene Battel

Irene did a very interesting presentation about her research on biofeedback for dysphagia for persons with MS. In addition we shared knowledge about neuromuscular electrostimulation for dysphagia, which is used in the Netherlands and Italy.

➤ Basics of methodology – Joke Raats

Joke gave an intensive and very useful presentation about qualitative and quantitative research, how to search articles on the internet efficiently and how to look at the methodology of an article in a critical way. Afterwards we practiced our knowledge.

➤ Grant Project: DYMUS questionnaire – Marta Renom

Marta presented the methodology of the DYMUS project through SKYPE. There was a discussion about the importance to mention cognition of the participants and about who has to be blinded in the project. It was a very useful presentation.

➤ Telerehabilitation – Marta Renom

Marta spoke about their telerehabilitation project for dysphagia. Because of financial reasons, they decided to put the videos with exercises for free on the internet (keyword: trhlab.net on <http://www.youtube.com>).

➤ SIG future plan and goals – Francesca De Biagi, Margaux De Groote

The main goals of the SIG are

- 1/ the translation and validation of DYMUS questionnaire
- 2/ Expanding the group by recruiting more SLT's (clinicians and researchers)

PLAN:

1. *Plan the SIG meeting for next year*
 - a. *TOPIC: MS and Language*
 - b. *PLACE: ? (Nieuw Unicum is willing to organize the meeting but they will discuss and confirm this in January)*
 - c. *DATE: ?*
2. *Make an invitation letter directed to SLT's*
 - a. *Members of the SIG send this letter to MS centres in their country (for example: Margaux → Melsbroek, Overpelt)*
 - b. *Margaux contacts Prof. Dr. Peter Feys to get a list of the centres who are member of RIMS. The letter will be send straightly to the speech and language department in the centre.*
 - c. *Think about an external speaker that could present a topic on MS and speech and language therapy at the RIMS congress.*