

# Report SIG Occupation meeting RIMS conference Brighton June 7<sup>th</sup> 2014

## **Participants:**

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#### **Agenda**

- 1. Preparation next in-between meeting
- 2. Update current studies
- 3. RIMS SIG Occupation website
- 4. Chair position

# Report

## 1. Preparation next in-between meeting

The next in-between meeting of SIG Occupation will take place in Barcelona on November 28-29<sup>th</sup> 2014. Theme is "Implementing science into practice".

Our host is Nuria Filló of Cemcat (Multiple Sclerosis Center of Catalonia).

## Program:

- Invited guest is Professor Marie Johnston of Aberdeen Health Psychology Group. She has
  confirmed to participate in the meeting and she requested us to provide our wishes
  concerning her contribution.
  - We would like her to give a theoretical base and give us some practical assistance. Daphne will contact her and discuss her contribution.
- Jelka already indicated she would be able to present the Occupational Therapy Practice Framework and the therapy process related to this framework.
- Tarja would like to share her experiences with resistance to change in occupational therapists
- Marijke and Sofie would like to link the theory of Motivational Interviewing to a case report and will try to relate this to the theme of the meeting.
- Lene also uses coaching of patients, which is similar to motivational interviewing, but not the same.

- There is a wish to include a workshop on EBP with a theoretical introduction and practice session. Daphne, Joke, Susan and Emma are able to do this (to be decided). The idea is that everyone does its own project, present the results to each other and we could put this on the website.
- Susan and Emma can share some good practices using the CMOP-E as a basis and integrate the therapy process including EBP (incl. CAT's).
- Daphne and Nuria will make a draft program and it to everyone for feedback and additions.

#### 2. Update current studies

Daphne provides an update on the SIG Occupation group study of ADL variability, granted by RIMS. Data collection is closed and we included 210 subjects. Results were presented during the General Assembly of RIMS on June 6<sup>th</sup>. We were able to demonstrate that people in the lower EDSS categories (< 4,5) already encountered difficulties in ADL performance (due to limitations in process skills) and should therefore be screened (and coached/treated) by an occupational therapist. Jelka and Daphne will work on the paper of this study during summer and will send the first version in September to all participants of the study for comments. We can discuss the paper during the Barcelona meeting and finalize the paper by the end of this year (at the latest).

Inger provides an update on the upper limb study coordinated by Ilse Lamers of University of Hasselt (B). The protocol is finalized and partners in the project will have an instruction meeting on June 16<sup>th</sup>. Data collection will start in fall 2014 and analyses are planned in March 2015 (which is a strict timing). The study concerns the psychometric evaluation of several upper limb measures, like NHPT, BBT, ARA..).

## 3. RIMS SIG Occupation website

We should make the RIMS SIG Occupation website more visible and attractive. One idea is to share interesting (new) articles/references related to occupational therapy and MS on the website. Also the newsletter would be able to alert people for these kinds of topic. It would help if there is a person in the group who is responsible for the newsletter.

We will discuss this further during the Barcelona meeting.

#### 4. Chair position

Daphne (current chair) is elected for the Executive Board of RIMS and wish to step down from the chair position. Tarja would like to stay as a co-chair.

Everyone who is interested in taking the position as chair, is asked to announce this to Daphne. Sofie expresses the wish to take this position.

Daphne will send out a call to everyone for sending his/her candidacy, so we can make a final decision during the in-between meeting in Barcelona. In case there are more candidates, we will organize a voting (based on a short presentation).

The final candidate then sends his/her candicay to the Executive Board for formal affirmation.

Reminder: please register for the RIMS newsletter & RIMS SIG Occupation newsletter on www.eurims.org