

Joint SIG Mobility-SIG Mood & Cognition workshop

Prague, 11 June 2026

The interplay between cognition, mood, and motor performance: a multidimensional approach for rehabilitation

15.30 Welcome

Keynotes

15.30 – 15.45 New Insights into the Dual-Task Paradigm (L. Pedullà & J. Podda, NeuroBRITE FISM Research Center, Italy)

15.45 – 16.00 From Mood and Cognition to Movement: Psychological Drivers of Adherence in Rehabilitation (M.J. Arevalho, Cemcat and Universitat Autònoma de Barcelona, Spain)

16.00 – 16.15 Beyond Silos: Integrating Knowledge for Advanced Clinical Reasoning in MS Rehabilitation (J. Freeman, University of Plymouth, United Kingdom)

16.15 – 16.25 Break

Practical activity

16.25 – 17.05 Novel co-created exergames for cognitive-motor rehabilitation: demo

17.05 – 17.45 Developing a core protocol for cognitive-motor rehabilitation: parallel focus groups

17.45 – 18.00 Conclusion