Report SIG in-between meeting

SIG group	Mobility
Date of in-between meeting	16th October 2020
Venue (incl. city, country)	Virtual meeting
Topic	Overcoming Challenges and Creating Opportunities in MS rehabilitation

Report (max. 1750 characters):

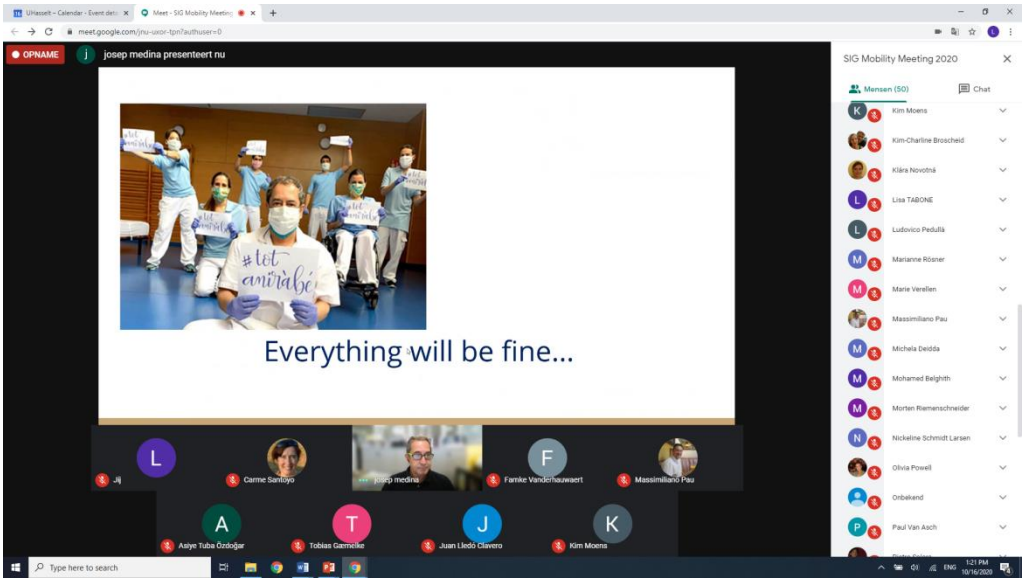
The outbreak of the coronavirus and the uncertainty about the development of the pandemic during the 2020 made us change our original plans for our 23rd SIG mobility in-between meeting, which was to take place in Bilbao. Therefore, the date was maintained but the meeting was organized in virtual format.

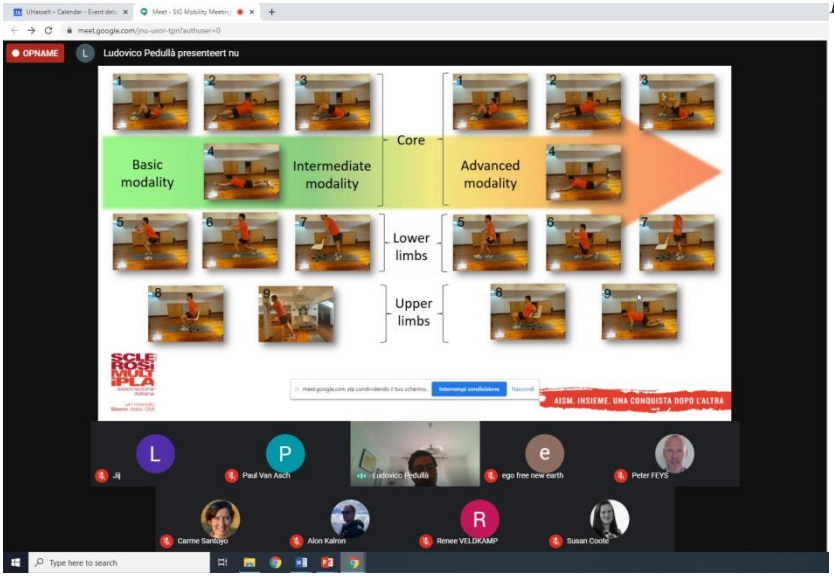
This change allowed for exploring new ways of functioning, facilitating the attendance of old and new colleagues as there weren't any travel or accommodation expenses. With this vision, but also focusing on maintaining the high-quality standards of our educational and networking yearly event we prepared a one-day meeting entitled *"Overcoming Challenges and Creating Opportunities in MS rehabilitation"* .

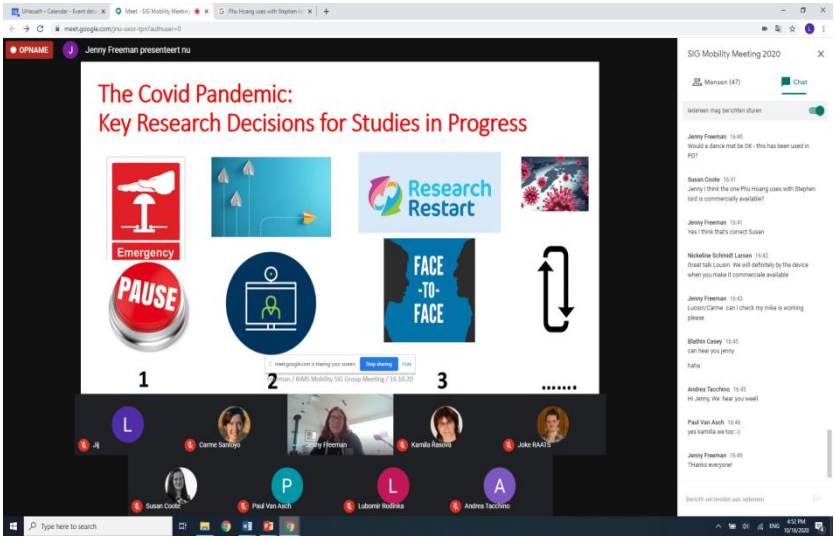
The program enclosed 3 keynotes and 12 oral presentations about experiences or case studies with digital therapy during COVID times both in clinical practice, education, or research, but also specific topics and results with fellow SIG mobility members. The virtual format provided us the opportunity to learn, interact and share clinical and research experiences in a really effective way.

The virtual SIG Mobility meeting was performed by Google Meet and followed for around 75 attendees from 18 different countries, mostly from Europe but also from Chile, Canada, Costa Rica and Australia. The SIG chair and co-chair prepared a technical guideline for lecturers and attendees, to facilitate the development and communication during the meeting. There were no remarkable technical problems and the meeting was recorded and shared with the participants after the consent of all the lecturers.

Pictures:







Group picture (incl. first and last names):

Participant list:

Surname	Name	Country
Massimiliano	Pau	Italia
Michela	Deidda	Italy
Klaus	Pfeifer	Germany
Vanderhauwaert	Famke	Belgium
Kamila	Řasová	Czech republic
Feys	Peter	België
Nickeline Schmidt	Larsen	Danmark
Alexander	Tallner	Deutschland
Bernardita	Soler	Chile
Jenny	Freeman	England
Alon	Kalron	Israel
Renee	Veldkamp	Belgium
bungardean	cristina	romania
Van Geel	Fanny	België
Noemí	Martínez Lerín	Spain
Scheffer - van Woerden	Rachma	Netherlands
Alexander	Tallner	Deutschland
bungardean	cristina	romania
Karin	Weidenholm	
Catherine	Graham	Scotland
Francesca	Estrada	Schwitzerland
Veronica G	Garcia Marti	Spain
Johanna	Jonsdottir	Italy
Blathin	Casey	Ireland
Ludovico	Pedullà	Italy
Griet	Gysemberg	België
Kamila	Řasová	Czech republic
Bernardita Soler	Soler	Chile
Edwin Roger	Meza Murillo	España

Ulrik	Dalgas	Denmark
Tobias Gæmelke	Gæmelke	Denmark
Bernardita Soler	Soler	Chile
Feray	Güngör	Turkey
Tori	Smedal	Norway
Elaine	Coulter	United Kingdom
Cecilie Thrue	Thrue	Danmark
Lisa	Tedesco Triccas	Belgium
Lubomír	Rodina	Czech republic
Jenny	Freeman	England
Monika	Rode	
Mohamed	Belghith	Tunisia
Una	Nedeljkovic	Serbia
Iratxe	Elorriaga Mínguez	Spain
Izaskun	Yeregui Prieto	Spain
Erika	Otxoa Rekagorri	Spain
Klaus	Gusowski	Germany
Zuhal	Abasıyanık	Türkiye
Leen	Boonen	Belgie
Rakel	Berriozabalgoitia	Spain
Begoña	Cantero	Spain
Lide	Etxeberria	Spain
Sofía	Valdenebro	Spain
Lander	Álvarez	
Mailaen	Villaluenga	Spain
Nelva	Vallarino-Bernal	COSTA RICA
Asiye Tuba	Ozdogar	turkey
kardelen	akar	turkey
Moens	Kim	Belgium
Verellen	Marie	Belgium
Van den Broek	Hildegard	Belgium
Marie-Louise	Jørgensen	Denmark
Angela	Davies Smith	UK

Georgia	Andreopoulou	UK
Susan	Coote	Ireland
Mary	Davis	Ireland
Sofie	Martin	UK
Dualta	Griffin	Ireland
Tania	Burge	UK
Siv	Ohlin	Sweden
Riemann-Lorenz	Karin	Germany
olivia	powell	United Kingdom
Veronica Gemma	Garcia Marti	Spain
Galán	Ingrid	Spain
Yonca	Zenginler Yazgan	Turkey
Carmen	Santoyo	España

Report SIG Mobility Workshop

Last 5th of December, during the RIMS Annual Conference, the SIG Mobility organized a Virtual Workshop with the title *"Understanding and guiding patient's mobility throughout the disease progression"* . For more than two hours, 6 interdisciplinary specialists of neurorehabilitation in MS offered us a comprehensive and enriching overview about how to accompany patients during the evolution of the disease.

Dr. Giampaolo Brichetto offered a wide vision on patient and clinician reported outcomes to identify and predict MS progression. Mr. Bert Laermans offered a very visual and practical update on orthotic devices to facilitate gait in MS. Prof Eva Swinnen talked about her research with interesting finds on patients and health professionals' opinion about lower limb orthoses. A joint talk between Gael Spruyt (psychologist) and Johan Van Nieuwenhoven (physical therapist) focused on how to get an appropriate walking aid taking into account the impact and acceptance of mobility devices. Finally, we enjoy the very interesting testimony of David Seffer, who has MS and explained his experience since the diagnosis, along the disease progression and also during the Covid19 times.

More than 80 attendees from over 20 countries joined the session that was developed by Zoom with no remarkable technical difficulties, with a high satisfaction and participation from the audience.

Future plans: SIG Mobility in-Between meeting, SIG Mobility workshop (Rims annual conference)

Next in-between meeting: Bilbao Autumn 2021, no concrete, depending on the pandemic situation