

SIG MOBILITY ANNUAL "IN-BETWEEN" MEETING 2018; BRIEF REPORT

Carme Santoyo, CHAIR

Lousin Moundjian, CO-CHAIR

The SIG Mobility group gathered between 28th and 29th September 2018 at the Glasgow Caledonian University in Scotland. This was the 21st in-between SIG mobility meeting, entitled: 'Rehabilitation in MS: Innovation in Research and Practice'. This meeting was attended by 62 delegates from 13 countries.

The meeting opened on Thursday evening with a civic reception at the historic Glasgow City Chambers, an iconic landmark dating back to the early 1880's. This was followed by two days of fascinating and versatile program consisting of included 6 keynote and 16 free-paper presentations covering work related to: the evaluation of physical activity and exercise interventions on physical and cognitive function; investigating the influence of factors such as ageing, balance, and physical activity on mobility in MS; and the development and evaluation of clinical services to improve mobility in people with MS. In addition, 4 practical workshops offered delegates the chance to learn more about orthotics assessment and Pilates for MS at Revive MS Support, the measurement of energy expenditure, and physical activity monitoring with an emphasis on developing specific metrics for MS populations.

The meeting was extremely well organized thanks to the hard-working team lead by Prof. Lorna Paul. Additionally, a fantastic social event was organized and traditional ceilidh dancing at Sloans, Glasgow's oldest pub, followed dinner, and the delegates' co-ordination and rhythmic skills were put to the test.

Both the scientific and social content of the meeting were well accepted by the delegates, highlighting the link of research into practice as the major strength of the meeting. Additional apparent credits of the successful meeting were the opportunities given to young researchers to present their (preliminary) works as well as the outstanding opportunities for collegial networking.

SIG Mobility pictures_ Glasgow 2018



LIST OF PARTICIPANTS:

1. Adnan Heric-Mansrud, Norway
2. Anders Romberg, Finland
3. Andrea Tacchino, Italy
4. Angela Davies Smith, United Kingdom
5. Barbara van Marle, Netherlands
6. Blathin Casey, Ireland
7. Bogumila Finlayson, United Kingdom
8. Britt Normann, Norway
9. Carme Santoyo, Spain
10. Carol Greig, United Kingdom
11. Caroline Vermeulen, Belgium
12. Catherine Graham, United Kingdom
13. Chloe Balland, Netherlands
14. Davide Cattaneo, Italy
15. Denise Anastasi, Italy
16. Dennis Hannes, Belgium
17. Elaine Coulter, United Kingdom
18. Elisa Gervasoni, Italy
19. Ellen Christin Arntzen, Norway
20. Emma Davidson, United Kingdom
21. Evan Campbell, United Kingdom
22. Fanny Van Geel, Belgium
23. Georgia Andreopoulou, United Kingdom
24. Gillian Robinson, United Kingdom
25. Gloria Perini, Italy
26. Hilary Gunn, United Kingdom
27. Ilse Bosmans, Belgium
28. Ishbel Benzie, United Kingdom
29. Jacob Callesen, Denmark
30. Jennifer Freeman, United Kingdom
31. Johanna Jonsdottir, Italy
32. Klara Novotna, Czech Republic
33. Klaus Gusowski, Germany
34. Kyra Theunissen, Belgium
35. Lars Hvid, Denmark
36. Linda Renfrew, United Kingdom
37. Lorna Paul, United Kingdom
38. Lousin Moumdjian, Belgium
39. Ludovico Pedulla, Italy
40. Marcin Kacper Uszynski, Ireland
41. Marietta van der Linden, United Kingdom

42. Martin Langeskov Christensen, Denmark
43. Morna Simpkins, United Kingdom
44. Morten Riemenschneider, Denmark
45. Nickeline Schmidt Larsen, Denmark
46. Pamela Caskie, United Kingdom
47. Paul Taylor, United Kingdom
48. Paul van Asch, Belgium
49. Peter Connick, United Kingdom
50. Peter Feys, Belgium
51. Rebecca Hamilton, United Kingdom
52. Renee Veldkamp, Netherlands
53. Rita Bertoni, Italy
54. Sara Elgott, France
55. Scott Rooney, United Kingdom
56. Simone Mercurio, Italy
57. Siv Ohlin, Sweden
58. Tania Burge, United Kingdom
59. Thomas Bowman, Italy
60. Thomas Dahl Klyve, Norway
61. Ulrik Dalgas, Denmark
62. Yvonne Learmonth, Australia

SIG MOBILITY ACTIVITIES 2019

1) 3-HOUR WORKSHOP IN THE RIMS ANNUAL MEETING IN LJUBLJANA, Thursday 30th of June, from 4 to 7pm.

Topic: ***"Enhancing social participation through sporting and physical activities"***

Preliminary program:

- . 10' *Opening and introduction of the workshop topic. Carme Santoyo (chair) / Lousin Moumdjian (cho-chair).*
- . 30' *Opening lecture by Paul Van Asch*

. 1h *Panel discussion.*

Members: Alessandra Solari, Roshan das Nahir, Elaine Coulter and Carme Santoyo

Chair: Johanna Jonsdottir

10' Break

10' Lecture: Andrej Martic (Slovenia)

1h Practical session: 'Walking to the beats: using entrainment and synchronisation in clinical practice' (Lousin Moumdjian)

10' Reflections, discussion, closing session (Carme Santoyo / Lousin Moumdjian. Introducing SIG Mobility Tel-Aviv 2019 (Alon Kalron)

2) SIG MOBILITY IN BETWEEN MEETING (TEL-AVIV, ISRAEL)

We've just initiated the preparation of the contents for the next SIG Mobility In-Between Meeting that will be held in **Tel-Aviv (Israel)** with the local organizer, Alon Kalron. The dates already confirmed are **Oct 27th-29th, (Sunday-Tuesday)**, quite different from the previous occasions, but necessary as in Israel Saturday is a holiday, but also thinking that the flights will be much cheaper on Sunday. Alon has proposed one first day at Tel-Aviv University followed by a second practical day at Sheba Medical Hospital. The topic is not confirmed yet.