

SIG MOBILITY in-between 2026

Advanced clinical reasoning for optimizing functions, mobility and participation in personalized MS Rehabilitation

THURSDAY 10th September 2026

19.00 Mingling, food and drinks at Wood Hotel (at own expense)

[Wood Hotel Bodø – The arctic resort in Northern Norway](#)

FRIDAY 11th September 2026

Nord University, campus Bodø

08.30 – 08.45 Arrival and Registration

08.45 – 09.15 Welcome (*SIG Chairs, Dean FSH, Nord University, Local Organizers*)

09.15 – 10.40 SESSION 1

Chairs: TBA

09.15 – 09.35 Panel discussion: Why is detailed clinical reasoning important for users to find meaning and motivation for exercise and physical activity?
(*User representatives and CoreTeam*)

09.35 – 10.00 Keynote 1: Clinical reasoning through traditional assessments and outdoor group-based settings (*Stine Susanne Haakonsen Dahl, Nord University*)

10.00 – 10.40 Free communications (based on submitted abstracts)

10.40 – 11.10 Coffee Break

11.10 – 12.15 SESSION 2

Chairs: TBA

11.10 – 11.35 Keynote 2: The sensorimotor network as the framework for clinical reasoning in multidisciplinary rehabilitation (*Paolo Rossi, Hildebrand Clinic*)

11.35 – 12.15 Free communications

12.15-12.30 The GESTUS project: automated motion capture for neurorehabilitation
(*Project Launch – RiMS Partnership in Horizon Europe*)



12.30 – 14.30 Lunch

14.30 – 15.35 SESSION 3

Chairs: TBA

14.30 – 14.55 Keynote 3: Decoding Walking in MS: Clinical Decision-Making Using Aerobic and Biomechanical Markers (*Arianne Gravesteijn, Amsterdam University Medical Center*)

14.55 – 15.35 Free communications

15.35 – 16.05 Coffee Break

16.05 – 17.35 SESSION 4 Joint Hybrid Session with the [MS Gait & Balance Symposium](#)

Chairs: TBA

16.10 – 16.35 Journal Club: Why Feasibility Matters: Informing Clinical Reasoning and Implementation in MS Rehabilitation (*Ellen Christin Arntzen, Myeongjin Bae*)

16.35-16.55 Discussion

16.55 – 17.35 Data blitz (based on submitted abstracts)

17.35-17.55 Discussion including user representatives' perspectives

17.55-18.00 Wrap-up and Practical Information

18.00 Bus for city center

19.30 Dinner & Social event

SATURDAY 12th September

Nordland Hospital Trust, Keiservarden and Bodøsjøen

08.45 Bus to Rønvikfjellet and Bodøsjøen

09.00- 11.15 Physical activity alternatives:

- a) Hike to Keiservarden [Keiservarden - Visit Bodø](#)
- b) Do you not want to hike that far? Take the trip to Bodøsjøen where an accessible hiking trail close to the fjord has recently been opened and with possibilities to visit the Norwegian Jekt Trade Museum [Norwegian Jekt Trade Museum in Bodø - Visit Bodø](#)

11.15 Bus to Nordland Hospital Trust

11.15 -12.00 Lunch



12.00 – 15.00 Practical workshops (*one hour for each station, fruit and coffee available*)

- a) Clinical reasoning in an outdoor group-based setting: Rensås park
- b) Clinical reasoning through detailed assessments of prerequisites for balance and exploration of change
- c) Clinical reasoning through advanced gait analysis: a hands-on experience

15.00-15.30 Closing of SIG Mobility 2026 and announcing the 2027 meeting (*SIG Chairs*)

For those who would like to stay an extra night we will arrange at Saturday afternoon a bus trip to Saltstraumen (35 minutes): the strongest tidal current in the world including dinner (at own expence).

[Saltstraumen - The world's strongest maelstrom - Visit Bodø](#)

