





RIMS-Rehabilitation in MS

Universiteit Hasselt Gebouw A:BIOMED/REVAL Agoralaan, 3590 Diepenbeek, Belgium

Email: contact@eurims.org Web: www.euRIMS.org



CONTENT

Letter from the President

Organisation's Profile

Why Join RIMS – Benefits & Annual fees

Association Management & Administration

Members of the Executive Board

RIMS Members

Special Interest Groups (SIG)

SIG In-Between Meetings

SIG Chair Reports 2012

RIMS 17th Annual Conference Report

Annual Conference Participants

RIMS Grant Program

Fellowship Program

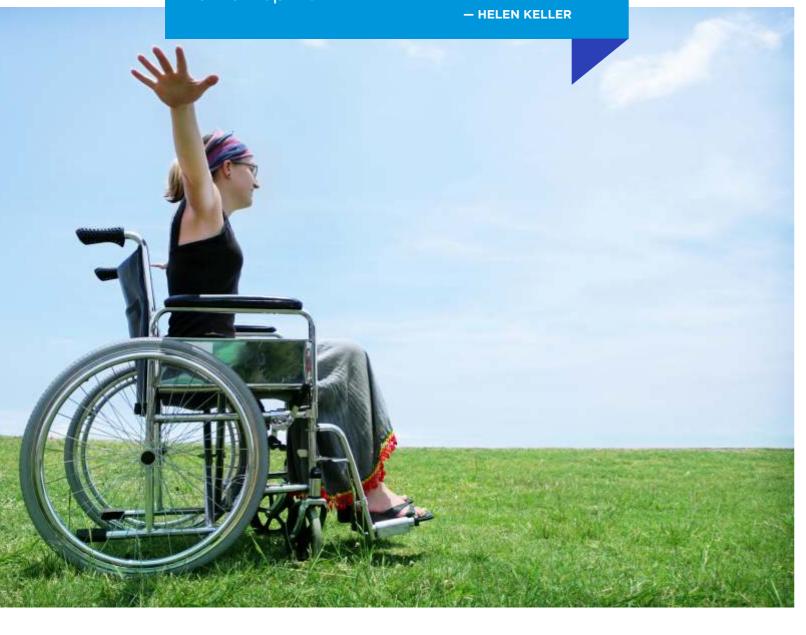
Partnership Work

Financial Statement

Contact Information

RIMS (the "Organisation") has made every effort to ensure the accuracy of the information contained in this annual report and on the Organisation's Website referred to therein. However, the Organisation does not guarantee the appropriateness, accuracy, usefulness or any other matter whatsoever regarding this information. Furthermore, please be aware that the contents or URLs on this Website that are referred to in the annual report may be changed, suspended or removed without prior notice. Regardless of the reason, the Organisation assumes no responsibility, whatsoever, for any loss or damages resulting from changes, suspension or deletion of information contained in this annual report or information on the Organisation's Website referred to therein, or from the unauthorized alteration of said information by a third party, or for damage resulting from the downloading of the data. This annual report contains forward-looking statements about the Organisation's future plans, strategies, beliefs and performance that are not historical facts. They are based on current expectations, estimates, forecasts and projections about the industries in which the Organisation operates and beliefs and assumptions made by management. As these expectations, estimates, forecasts and projections are subject to a number of risks, uncertainties and assumptions, actual results may differ materially from those projected. The Organisation undertakes no obligation to update any forward-looking statements as a result of new information, future events or other developments.

No pessimist ever discovered the secret of the stars, or sailed to an uncharted land, or opened a new doorway for the human spirit.



PRESIDENT'S MESSAGE

2 012 was a notable year for our organization.

he most obvious (and widely applauded) achievement in 2012 was the improved visibility by a new and more dynamic website www.euRIMS.org with the potential for every health care professional to register for electronic newsletter updates and to pay their membership on-line. At the same time, print presentation was not forgotten: In line with the new website, RIMS presents itself to its members, sponsors and other stakeholders via a fresh and modern looking series of print material, such as a RIMS introduction flyer, a branded folder for conference materials.

In the field of NETWORKING, our very first joint conference with EMSP (Prague, November 2012) can be regarded as a milestone; it made patients, therapists and researchers looking together at the growing impact of social media to our communication structures and will surely be repeated on other subjects in future. Same applies for a successful advocacy action in the European Parliament jointly being done with EMSP and the "Alliance for MRI".

One key element of our work as association of healthcare professionals is the exchange of good practice and news via CONFERENCES & MEETINGS. This year's Annual Conference was successfully organised in June by our colleague Chris Heesen and Thomas Henze in Hamburg and gathered participants from many countries under the main subject of "Shared-Decision Making & Rehabilitation in the Motor-System". Among the many highlights of this conference were the launch of the new European

Guidelines for Rehabilitation in MS and the presentation of EMSP's UNDER PRESSURE photo exhibition. A number of Special Interest Group

meetings of the SIGs Mobility and Occupation, Psychology and Neuro-psychology, Bladder, Bowel & Sexual Disorders brought interesting results in the respective fields.

Another vital aspect of RIMS work is EDUCATION, being demonstrated excellently through the "MS Nurse PROfessional project of EMSP, RIMS and IOMSN. Its online training for MS nurses is now available in 5 languages and will be expanded to more languages in future. Worth being mentioned here are also the fellowships of therapist visits to other MS centres/clinics and the establishment of the first RIMS Grant Projects 2012.

Last but not least, I am happy to point out some major achievements in the MANAGEMENT of our ASSOCIATION: A new Vision and Mission statement is now in place and a professional RIMS secretariat plus public affairs assistance started its work in October 2012.

Looking ahead to 2013, I have an exciting sense of forward momentum in collaboration with our partners!

Peter FeysRIMS President
on behalf of the Executive Board

- Ly

ORGANISATIONPROFILE

ehabilitation in Multiple Sclerosis (RIMS), the network of MS Centres in Europe was created in 1991 in Milan, Italy to enhance collaboration by the foremost MS Centres in Europe. Today, we embrace researchers and clinics in our European network for best practice and research.

MISSION

We aim to enhance activity, participation and autonomy of people with MS by developing and advocating evidence-based rehabilitation.

VISION

All people with MS throughout Europe have access to evidence-based rehabilitation when they need it.

AIMS

- Raise the profile of rehabilitation in MS and attract the best researchers and practitioners.
- Improve the understanding of rehabilitation and its relevance at every stage of MS.
- Manage the generation of new evidence on rehabilitation in MS by facilitating interaction between researchers and practitioners.
- Stimulate the implementation of new and existing evidence-based rehabilitation.
- Educate and train practitioners to integrate evidence into clinical practice

RIMS has established a number of Special Interest Groups (SIGs).

These groups aim to promote research and improve the care of persons with MS and their caregivers.

Find more information at www.eurims.org

























WHY JOIN RIMS?

IMS is a fruitful network for all professionals working in the field of MS. Therefore we encourage all MS Centres, MS patient organisations and individual healthcare professionals and researchers to join the network.

These are some of the benefits of joining RIMS, together with a supportive network to exchange best practice, innovation and above all; friendship and a shared purpose to improve the lives of those who are living with MS. RIMS is an active network for MS professionals, researchers and centres and membership gives you access to the resources of the network, encourages study-visits, exchange of best practice and other skill improving activities.





Individual members as well as all professionals from a member centre are able to get a RIMS Annual Conference registration fee at a special reduced member price.



A number of Special Interest Groups (SIG's) have been established. The groups meet at least once a year during RIMS annual conference. The SIG's also organise professional annual in-between workshops, which are supported financially by RIMS. For SIG in-between workshops, the member centres' professionals are offered one free hotel night and free meals for such occasions.



Some of the SIG's have published papers or pamphlets on important MS issues. These are distributed among RIMS members.



RIMS offer a special Grant Program to support multi-centre studies, a shared best practice network, or a SIG project. RIMS will support up to two grants annually, with a sum of max €5000 per one project.



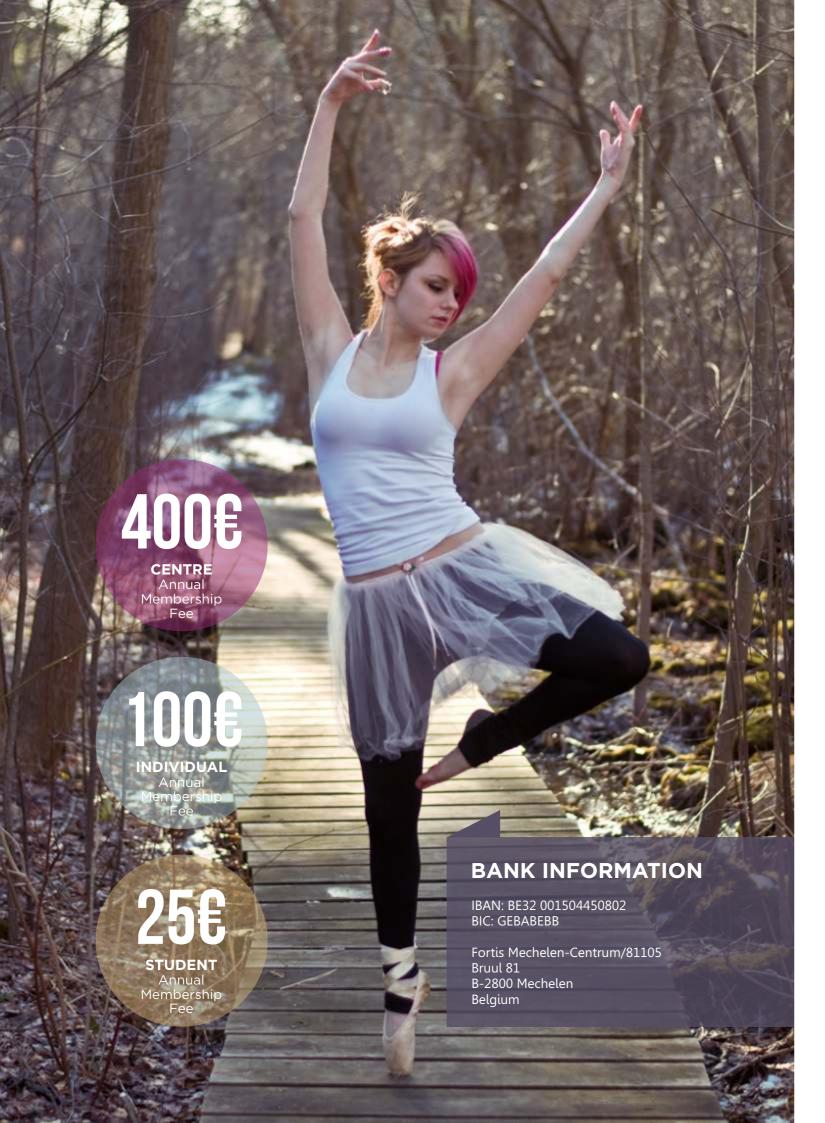
The Grant is available for European professionals, in order to facilitate their projects related to MS. At least three members (individual or centres) from three different European countries have to be involved.



RIMS offers a Fellowship Exchange Programme to young European professionals, preferably nondoctors, to facilitate their training in MS rehabilitation at RIMS member centres. The aim of the programme is to promote the multidisciplinary approach to rehabilitation in MS and to encourage the exchange of information and professional growth for those working in the field of MS.



RIMS will support up to three to five fellowships annually, each with duration of one week, with a fellowship of €1000.



MANAGEMENT & ADMINISTRATION

IMS is managed by an Executive Board, which — according to the by-laws — is composed of eight elected officers, including the President, Secretary and the Treasurer. For more details on the Executive Board, please see the following page of this Report.

The Executive Board held 3 meetings during the year 2012:

- March 30, 2012 in London (UK)
- June 2, 2012 in Hamburg (Germany)
- September 14-15, 2012 in Antwerp (Belgium)

In October 2012, the Executive Board decided to change the day-to-day management of the association fundamentally through the establishment of a professional secretariat, consisting of:



Caryl Bongoyan secretariat@eurims.org

provides administrative support in close cooperation with the president and other members of the EB. Our special thanks goes to Grace Donovan (UK) for her assistance in membership administration in 2011-2012.



continues his work as RIMS webmaster.





Christoph Thalheim publicaffairs@eurims.org

was appointed as freelance consultant for Public Affairs, with a focus on relations with industry (including fundraising), European and multi-partner projects and networking with the European institutions and other stakeholders.



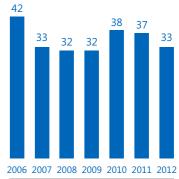
Members of the **Executive Board**

Name	Position/Background	Country	Role	Term
Peter Feys	Rehabilitation Sciences and Physiotherapy (PhD)	Hasselt (Belgium)	President	2011- 2014*
Vincent de Groot	Rehabilitation Physician (PhD)	Amsterdam (Netherlands)	Treasurer	2011- 2014
Päïvï Hämäläinen	NeuroPsychologist (PhD); Head of rehabilitation center	Masku (Finland)	Secretary	2011- 2014
Victoria Matthews	Nurse, MSc, RGN	London (UK)	Member officer	2011- 2014*
Alessandra Solari	Neurologist (PhD)	Milan (Italy)	SIG coordinator	2011- 2014
Christoph Heesen	Neurologist (PhD)	Hamburg (Germany)	Rims Grant program	2011- 2014
Ulrik Dalgas	Sport Scientist (PhD)	Aarhus (Denmark)	Organiser, RIMS conference 2012	2011- 2014
Thomas Henze	Neurologist (PhD)	Germany	EMSP contact	2011- 2014*

RIMS MEMBERS

t the end of year 2012, RIMS had altogether 33 member centres/ organisations, 36 individual members, and 2 students. According to the by-laws a member is no longer considered to be a member following failure of payment of the membership fee for two (consecutive or non-consecutive) years.

The RIMS Member Coordinator has updated contact details of all members.







2 2 0 1 1 2 2 2006 2007 2008 2009 2010 2011 2012

SOCIETIES

STUDENTS



SPECIAL INTEREST GROUPS (SIG)

he Executive Board has established a number of Special Interest Groups (SIG). These groups aim to promote research and improve the management of persons with MS and their caregivers. Traditionally, a short workshop takes place during the RIMS annual conference and intensive "in-between" meetings of 1½ to 2 days take place between

conferences. During "in-between" SIG meetings at one of the member centres across Europe, there are scientific and clinical presentations on a chosen topic as well as free presentations. A clinical or practical session (e.g. patient cases, demonstration of technology; visit to a centre) is sometimes also organised.

Group	Chair	Co - Chair	
SIG Mobility	Anders Romberg, PT * Finland	Paul Van Asch, PT Belgium	
SIG Occupation	Daphne Kos, OT, PhD Belgium	Tarja Huilla, OT ** Finland	
SIG Psychology & Neuropsychology	Liina Vahter, PhD Neuropsychologist Estonia	Anita Rose, Neuropsychologist UK	
SIG Bladder, Bowel & Sexual Problems	Laura Lopes, MD Italy	Piet Eelen, Chief nurse Belgium	
SIG Communication & Swallowing problems	Antonella Nota *** Speech therapist Belgium	Marta Renom, Speech therapist Spain	
SIG Patient Education	Christoph Heesen, MD Germany	Alessandra Solari, MD Italy	

Other SIG Updates

- * SIG Mobility. Peter Feys (B) resigned as chair and is succeeded by Anders Romberg (FI)
- ** SIG Occupation. Stefan Ilsbrouxk (B) was succeeded by Tarja Huilla (FI)
- *** SIG Communication and Swallowing problems. Rosa Terre (S) was succeeded by Antonella Nota (B).

The valuable contribution of past chairs is highly acknowledged and appreciated. Detailed contact information is available on www.eurims.org

SIG In-Between **Meetings**

All SIG's were active and held their in-between meetings during the year. Some of them had a meeting both during the annual conference as well as an in-between meeting. RIMS contribution for the SIG meeting was € 2,500 year/group for organising these meetings, with the exception of € 5,000 for the SIG Mobility given the large number of participants.

SIG	Date	Place	Participants	Countries
Mobility & Occupation *	Nov 2012	Milan, Italy	25	8
Psychology & Neuropsychology	Nov 2012	Barcelona, Spain	13	7
Bladder , Bowel & Sexual Disorders	Oct 2012	Lyon, France	-	7

* These SIGs held combined meetings.





The use of clinical approaches including advanced technology systems for maximizing the effect of rehabilitation on mobility and function"

SUMMARY REPORT

The 15th SIG on Mobility in-between meeting can be regarded as a success in many respects. The number of meeting participants has continued as high, this time 25 persons (mostly physiotherapists) representing 8 countries attended. The organization of the meeting partly in collaboration with the SIG Occupation was perceived as important and fruitful. The number of presentations was high (23), and their overall quality excellent.

As usual, the meeting gave important opportunities to reflect own research/clinical work against practices in other centers and countries. Finally, important information on the status of ongoing joint studies was received as well as outlines for potential new multicentre research projects were developed. Hence, the meeting can be regarded as an exemplary event to reflect the fulfilling of RIMS mission statement as a European network to provide with multi-level activities in the field of rehabilitation for persons with MS

The meeting was, however, not without some limitations. Most of these were well noted in the feedback questionnaires. There are some lessons to be learnt for the future meetings, e.g. provision of an abstract book (or leaflet) would be welcome.

09-10 November 2012 Milan, Italy

Local Organizers: Davide
Cattaneo, Johanna Jonsdottir (Don
Gnocchi Foundation Milano); Chair
and Co-Chair SIG Mobility: Anders
Romberg (FI) and Paul van Asch
(B); and Chair and Co-Chair SIG
Occupation: Daphne Kos (B) and
Tarja Huilla (FI)

SIG Psychology & Neuropsychology

The use of clinical approaches including advanced technology systems for maximizing the effect of rehabilitation on mobility and function"

16-17 November 2012 Barcelona, Spain

FINAL PROGRAM AND MINUTES

Welcome, introduction by Dr. Xavier Montalban, CEMCAT director

Presentations:

Ongoing projects in Barcelona – Our experience with workshops in outpatient basis – patients' and their families feedback.

Maria-Jesus Arevalo, ES

Discussion was the following: In Denmark specialists go out an do similar things all around the country. There was program in 2009 about cognition and cognitive problems in frames of MS Society, same kind of meetings were organized about physical training (with practical parts), meetings about nutritions are planned. Feedback has been good. In UK small workshops with local PwMS – cognition, fatique, physio, nutrition, adaption for the house. All around the country similar meetings are taking place. Waiting lists are the longest

for the cognitive and emotional issues.

Contents: general cogntion, biology, special topics - attention, excercises, talk and sharing experiences. Fatigue – similar course structure.

Emotional issues – more "lecture"-type, half day. In Hamburg – more lecture type, all PwMS could take part, about relapses and treatment, not about cognition.

Ongoing projects in Barcelona – Management of patients with severe cognitive impairment in the rehabilitation treatment.

Elisenda Anglada, ES

Dicussion. Criteria in BCN – severe cognitive problems or 2 or more therapeutic interventions not being benefical. Program is carried out 2 times per week for 5 months. In Denmark the group has started, 6 times altogether – is there any consensus how long the treatment should take place before to



18 <u>19</u>

evaluate the benefit? Discussion about the evaluation of the benefits of the program.

"Red flags" in cognition. Review of the status of the "Melsbroek project".

Michelle Pirard, Mieke d'Hooge, BE

History started from the "cognition" day in Melsbroek. After that joint meeting of SIGs (occupation, participation, ps and np) took place in Melsbroek in November 2011. No consensus was achieved about the format of report. Preliminary worksheet was set up for collecting information (verbal vs non-verbal, therapists vs elsewhere, different items from different professionals, complaints PwMS has etc.). Final decision – no format for the neuropsychological report, but the use of the worksheet of the "neuropsychological complaints/red flags" will be recommended.

Cognitive manual – finally finished?

Anita Rose, UK, Liina Vahter, EST.

We will finish the manual within next 2 weeks (final parts from Jannie and Nicolas, some addition from Liina), send then around for final editing, Anita will correct the English. Manual will be ready at the end of the 2012. After that we will publish it on the RIMS website. All the members of our group are encouraged to promote the manual as the helping tool for psychologists working with PwMS in their own countries and neuropsychological societies.

Guided visit for a new Center of Multiple Sclerosis in Catalonia (CEM-Cat) was performed.

Review of the literature – 2011 – 2012 in neuropsychology and MS. Liina Vahter, EST.

Neuropsychological Case.

Maria Jesus Arevalo, Elisenda Anglada, ES. Discussion followed.

Review of the literature – latest news in psychotherapy of PwMS (nov 2011 – nov 2012). Anita Rose, UK.

Social cognition and PwMS – Hamburg study. Jana Poettgen, GER

Hopefully will be published in JNNP. Impaired social cognition might explain high rate of divorces in the beginning of MS.

Childhood MS and psychological problems. Anita Rose, UK Overview about the topic, UK sample cases.

Personality changes and MS. Ana Ozura, SL

Overview of the topic. Study about Rorschach test conducted in Slovenia. One study was published in 2010 by Ana and colleagues, results of the other study were presented to us.

Basics of sexual behaviour and the problems MS can give. Wim van de Vis, NL

Biological background was covered, Video presentation about the experiences PwMS has experience in her sexual life. Discussion followed about how and how is counselling PwMS in different centres around Europe.

Sexual problems in cognitive impaired PwMS with attentional deficits. Jannie Engelbrecht, DK.

Case was presented together with the neuropsychological profile. Discussion followed.

I choose not to place "DIS" in my ability.



Counselling of PwMS

Bente Osterberg, DK.

In Denmark there is a webpage about different issues MS may give, incl sexual problems. There is also a discussion in Denmark – is the personal assistant of PwMS obliged to help PwMS to go to the prostitute (i e prostitutes who are specialized to neurologically impaired people). It would be illegal in many other

European countries. In Melsbroek there has been a working group established for the topic "Sexuality and MS". Anita shared her experience about getting "trained" in the field of similar problems. Professional knowledge, comfort and limites were discussed.

SIG Bladder, Bowel & Sexual Disorders

10-11 October 2012 Lyon, France

Chair and Co-chair SIG Bladder, Bowel & Sexual Disorders: Dr. L. Lopes (I) and P. Eelen (B)

AGENDA

Review literature for bowel guidelines:

1. Review of literature on Pub med

Laura Lopes gives an overview of recent research (from 2010 until 2012) on Pubmed using the following key-words:

- Multiple sclerosis and
 - Bowel disorders/dysfunction
 - Bowel management
 - Intestinal
 - Fecal disorders/dysfunction
 - Fecal management
 - Constipation
 - Fecal incontinence
- Neurogenic bowel disorders/ dysfunction and
 - Management
 - Excluded articles in pediatric diseases or in one specific pathology
 - Excluded article without MS patients
 Excluded article with MS
- patients plus Coeliac disease

Results: in total 29 articles matched the keywords:

- 13 on Multiple sclerosis (4 reviews and 9 studies)
- 16 on Neurogenic bowel (7 reviews and 9 studies)

Until March 2013 all article must be reviewed and inserted on Excel chart named "Review Chart"

Discussing the selected articles and listing them up to review them, following division was made between participant.



2. Tools for multicenter study with Peristeen® (Roberta Motta)

- Presentation of bowel diary plus Bristol Stool Form Scale.
- Scales: Neurogenic Bowel
 Dysfunction (NBD) score; St. Mark's incontinence score; Wexner score for constipation.

3. Tools to prepare

- Bowel symptoms check list according to ROME III criteria (Roberta Motta)
- Model of informed consent (from each centre)

- Definition of conservative bowel management according to American Guidelines
- Short structured questionnaire for call interview (Karen Oksnervad-Anne Britt Skas)

4. Others

- Centre will participate on Peristeen® study are: NL BE IT FR DK SF CH
- Piet Eelen will speak with German groups to involve in Persiteen® study

- Planning next SIG meetings:
 - MILAN (Italy). Proposed date: April 12-13, 2013.
- Agenda Future SIG
 - Peristeen® study
 - Management of urinary retention
 - When starting intermittent catheterization (all discussion)
 - Strategies to increase compliance/adherence

Roberta Motta

on behalf of Dr. Laura Lopes – SIG Chair - Italian MS Society Rehabilitation Centre

RIMS 17th ANNUAL CONFERENCE

Shared-Decision Making & Rehabilitation in the Motor-System"

31 May – 02 June 2012 Hamburg, Germany

Local Organisers:

Christoph Heesen and Thomas Henze

SUMMARY REPORT

The 2012 RIMS conference focused on 2 key aspects in patient-centered medicine and rehabilitation: Shared-Decision Making (SDM) is the most effective health communication approach and is recognized as a method that facilitates patient empowerment and selfmanagement in those living with chronic disease. Rehabilitation is the definitive setting for this partnership approach. RIMS 2012 ensured delegates enjoy the latest information, research and ideas on SDM. A highlight of this conference will be the role of evidence-based patient information as a prerequsite for SDM. A workshop will report on practical techniques to enhance SDM through the communication training of health professionals.

The second key topic is the Rehabilitation in the Motor-System. The shift from simple neurorehabilitation to neuroregeneration, particularly in the motor system, has provided increasing evidence that certain rehab strategies directly alter brain function. However, much work of the work in this field is in basic science and other diseases rather than MS. RIMS 2012 gave an overview on the current thinking in system neurosciences, neuroplasticity in general and other disease models. There was also a practical focus on recent MS developments with seminar workshops on concepts of trial designs that include the "hidden" MS symptoms together with patient-reported outcome measures.



Presentations are available on our website: http://www.eurims.org/event/1-rims-2012-17th-annual-conference

Prizes were awarded for the three best posters and platform presentations during the conference. Best poster winners were: (P03-3) **I. Wens**, Hasselt, Belgium; (P 09-1) **M. Zwanzger**, Austria; and (P04-5) **K. Kannel**, Estonia. Best Platform presentation winners were: Motor System: **J. Stellmann** (Neuhaus in program), Germany; RCT 02-4, **I. Eyssen**, Netherlands; and Motor System: **Ilse Lamers**, Hasselt, Belgium.

Pictured below is chair Ulrik Dalgas (right) with prize winners except M Zwanger.

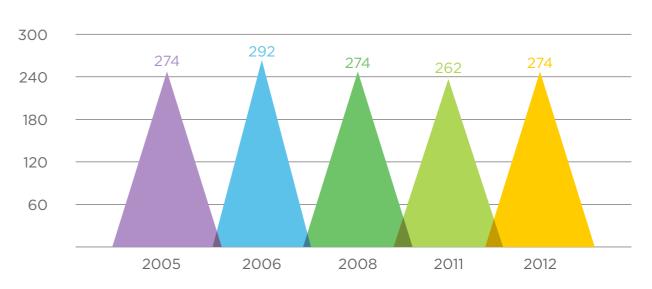


ANNUAL CONFERENCE PARTICIPANTS

Demographics



Total Participants per Year





Greet Adriaenssens

☑ De Mick, Belgium

→ Reykjalundur Rehabilitation Centre in Iceland May 16-23th 2012

Visiting Reykjalundur Rehabilitation Centre in Reykjavik, Iceland, was a great and interesting experience.

At the SIG meeting in Barcelona last year, the presentation on balance training in groups, given by Sif Gylfadóttir interested me. We started talking a lot about her way of organising these group sessions and these debate ended in the fellowship. Assisting Sif during her work in Reykjalundur gave us the opporunity to exchange a lot of knowledge, experience and information.

I could watch or participate in several sessions like water exercises, neck and shoulder exercises, outdoor walks, balance and taskspecific group training.

Sif organised meetings with her colleagues:

- with Andri Pór Sigurgeirsson PT, about the specific rehabilitation program for pw Parkinson disease and the rehabilitation for patients with pain
- with Sólrún Óskarsdóttir PT, about the cardiorehabilitation

- with Sigrún Benediktsdóttir the head of PT's, about organisation
- with Sif, about goal setting and ICF templates in neurorehabilitation
- with Guðbjörg Þóra Andrésdóttir PT, about the neurological teamwork at Landspitali — The National University Hospital of Iceland — I could assist her working with strokepatients
- with Heba Magnúsdóttir PT, about day care for pwMS, she showed me around in her

centre, MS Society of Iceland www.msfelag.is

On Monday I presented De Mick, the rehabilitation centre where I work to the whole group of PT's at Reykjalundur.

I had a busy and interesting time. Of course Sif showed me Reykjavik and a little part of Iceland like no one else could.

I wish to thank everyone who made this fellowship possible.

Greet Adriaenssens

PARTNERSHIP

WORK

RECOMMENDATIONS ON REHABILITATION SERVICES BOOKLET

The European MS Platform (EMSP) asked Thomas Henze to organize a follow-up of their high-quality booklet on "Recommendations on Rehabilitation Services for persons with MS in Europe" (2004). Cooperating authors are mostly RIMS members contributing their extensive knowledge to this comprehensive overview on modern MS rehabilitation issues which will be published in early 2012.

A **PDF version** of the booklet is available at www.euRIMS.eu



MS NEED

Video presentation can be found here: www.youtube.com/watch?v=N0r184KASY4

- On line Modular Foundation MS Nursing educational programme that is now called "MSNursePROfessional"
- Accredited and with the potential to undertake comparative research on the impact of MS Specialist nurses
- Pilot site in Malta (May) & Spain (September)
- Spanish, Italian, German, French for 2012 further languages (probably Czech and Russian) in 2013
- Working with IOMSN, EANN, RCN, UKMSSNA, EMSP & RIMS – all will value badge
- Development of a European Federation of MS Nursing

The project is now supported by the European association of Neurology Nurses together with the International Organisation of MS Nursing, UK MS Nursing Association, MS Trust as well as EMSP and RIMS.

It is anticipated that a European Association of MS Nursing will be formed, a consensus on the role of the MS nurse agreed, and a second level of accredited expert MS Nursing developed to push forward the boundaries of MS Nursing throughout Europe and to enable nurses to aspire to a career that is specialist in the care of people with MS.



RIMS ENDORSEMENT OF 'PRECEPTORSHIP ON REHABILITATION' ORGANIZED BY SERONO SYMPOSIA

Aim of the course

The aim of this CME course is to provide neurologists working in MS with a full immersion in physical rehabilitation approaches for MS patients.

Learning objectives

By attending the conference, participants will:

- Be updated on neuroplasticity as a basis for neurorehabilitation approach
- Discuss the use of protocols aimed at managing different physical impairment in MS and related psychological issues
- Improve their skills in planning personalized rehabilitation protocols
- Discuss case studies of MS patients undergoing rehabilitation treatments

Target audience

Clinicians and scientists currently involved in MS management and interested in their knowledge and skills about rehabilitation.

Learning Effectiveness Project

Serono Symposia International Foundation is conducting a Learning Effectiveness Project at meetings during 2012. The meeting 'Preceptorship on rehabilitation in multiple sclerosis' has been chosen to be included in this project.

Find out more about the Learning Effectiveness Project by going to:

www.seronosymposia.org/en/institutional-site/quality-and-impact/learning-effectiveness.html

Endorsement

The 'Preceptorship on rehabilitation in multiple sclerosis' has been endorsed by RIMS (Rehabilitation in Multiple Sclerosis Societies).

Alessandra Solari was one of the RIMS presenters of the symposia.

Local organiser: Prof. Kesselring **Venue:** Valens, Switzerland

JOINT WINTER CONFERENCE (PRAGUE)

Venue: Clarion Congress Hotel Prague

More information about this event can be found at www.eurims.org/presentations



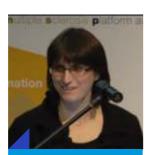
RIMS Keynote **Speakers**



Dr. Alessandra Solari



Dr. Alexander Tallner



Dr. Kamila Rasova



Paul van Asch



Dr. Peter Feys



Prof. Thomas Henze



Vicki Matthews



RIMS GRANT PROGRAM

wo projects have been approved by the EB, and will receive a grant of 5,000 euros to support collaborative work within the network. We look forward to the results of their work, which will be presented at the annual conference 2013.



Dr. Alessandra SolariRIMS Grant Officer

Variability of ADL Performance in People with MS

Main applicant Daphne Kos (OT; B)

Co-applicants

Jelka Jansa (Sl), Stephan Ilsbroukx (B); Jytte Jakobson & Lene Kallmayer (D); Inger Grethe Løyning (NO); TarjaHuilla (FIN); Gioia Marcassa (I)

Content of Physical Rehabilitation — Questionnaire Survey

Main applicant

Kamila Rasova (PT, CR)

Co-applicants

Davide Cattaneo (I); Thomas Henze (D); Peter Feys (B); Carme Santoyo Medina (E); Hans van Tongeren (DK)

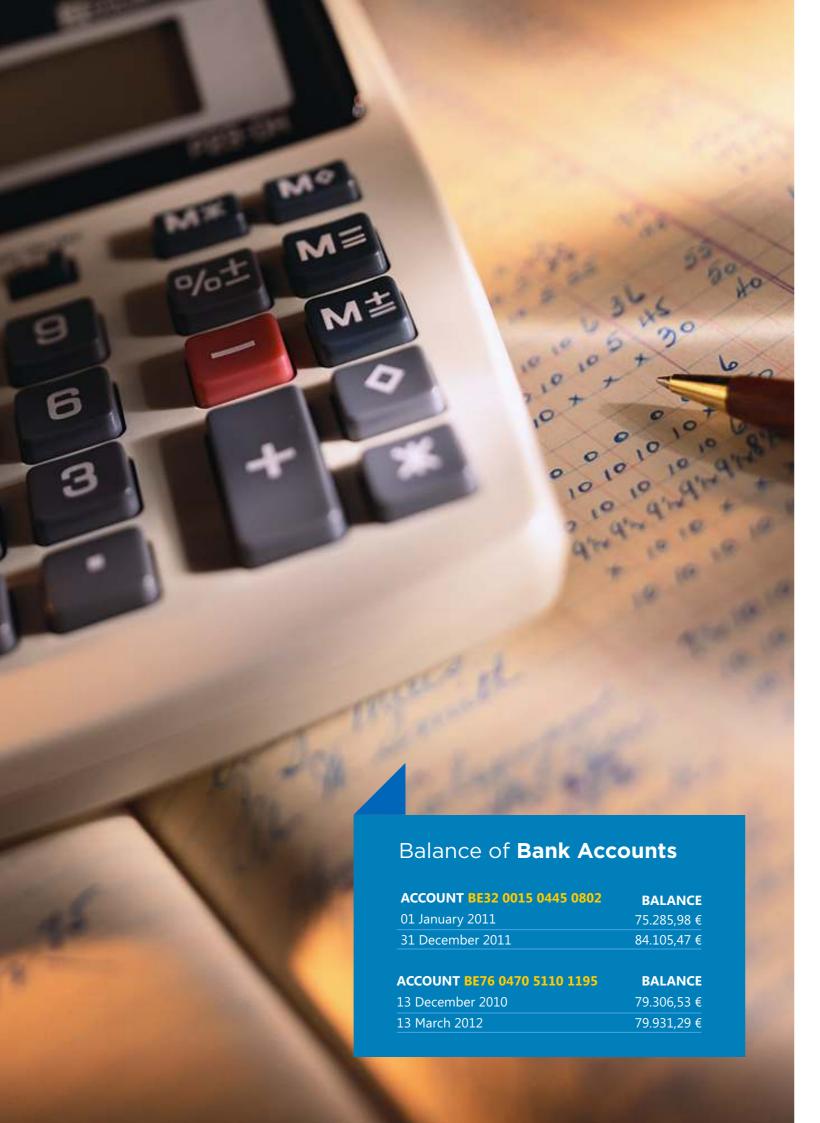
RIMS has received an unrestricted educational grant from NOVARTIS for a project entitled "Content of physical rehabilitation for Multiple Sclerosis: towards transparency and evidence-based practice across Europe".

This project was coordinated by the university of Hasselt (P. Feys) and Prague (K. Rasova).

The overall objective were to (part I) provide more transparency of current knowledge and

use of outcome measures and treatment concepts at the therapist level across European countries; and (part II) come to European standards in walking measurements by investigating responsiveness to rehabilitation across Europe.

19 MS centers have participated to a joint data collection multi-center study on the effects of rehabilitation on walking.



2012 FINANCIAL STATEMENT

ITEM	IN	OUT
Conference	24.825,76	1.500,00 -
Awards		1.500,00 -
RIMS 2011 Torku	24.825,76	
Executive Board	299,83	13.289,47 -
Ectrims		369,42 -
Meeting	299,83	12.920,05 -
Grants		4.000,00 -
Fellowships		4.000,00 -
Interest	103,95	
Interest	103,85	
Memberships	18.040,00	
Centre	15.600,00	
Individual	2.440,00	
Office		2.487,43
Accountant		303,49
Costs bank account		37,20 -
Costs credit card		69,00 -
Costs mailings		6,48 -
Letterhead		75,00 -
Personnel		1.840,00
Transactions charges		18,15 -
Tax		138,11
SIG	2.498,20	14.299,40
Mobility		5.303,00 -
SUBDIMS	2.498,20	4.996,40
Tripple SIG Melsbroek		4.000,00
Website		1.659,10
Maintenance		1.611,52
Server		47,58 -
Others	378,95	91,70 -
Others	378,95	91,70 -
TOTAL	46.146,59	37.327,10 -

CONTACTINFORMATION



Peter Feys
President
peter.feys@uhasselt.be



Vicki Matthews SIG and Membership Coordinator vickimatthews28@gmail.com



Vincent de Groot

Treasurer
v.degroot@vumc.nl



Caryl Bongoyan
Secretariat
secretariat@eurims.org



Christoph Thalheim
Public Affairs
publicaffairs@eurims.org



RIMS-Rehabilitation in MS Universiteit Hasselt Gebouw A:BIOMED/REVAL Agoralaan, 3590 Diepenbeek,

Belgium

Email: contact@eurims.org Web: www.euRIMS.org

